



SOUTHBOROUGH HIGH SCHOOL

Parental Support Workshops

During the academic year, Southborough will be hosting a number of parental support workshops led by specialists focusing on key areas to support students and parents. Everyone is welcome; existing and future parents/carers and students.

“Youth Mental Health First Aid Training for parents/ carers”

Wednesday April 27th

9am until 4pm full day

See details by clicking [here](#)

“Supporting students with Autism”

Wednesday 4th May

6pm until 7pm

“Helping students cope with exam stress ”

Thursday 5th May

5:30pm until 7pm

“Understanding Dyslexia”

Thursday 16th June

6pm until 7pm



To book yourself onto one or more of these workshops please complete the booking form by clicking [here](#)

Light refreshments will be available at every workshop
Parking is available in the main school car park on Hook Road
and directions can be found [here](#)

